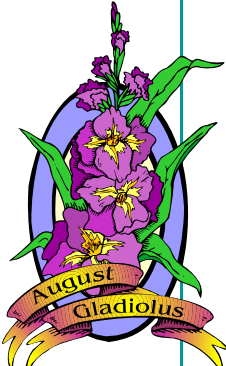


<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	1 Adult Day Care 8:00am-4:00pm 10-Low Impact Aerobics 11-BI Pressure 11:05– Slim N Trim Exercises 12:45 - Grocery Bingo	2 Adult Day Care 8:00am-4:00pm 10-BI Pressure Irwin Towers 11-Strong Bones Exercise Class 12-Caregivers Support Group 1 -Scrabble	3 Adult Day Care 8:00am-4:00pm 9-Paint Guild 10-Low Impact Aerobics 11-BI Pressure 11:05 Slim N Trim Exercises 1-Pinochle 5:45-Pool 7-Jam Session	4 CASPER TRIP Adult Day Care 8:00am-4:00pm 10-Bible Study 11-Strong Bones Exercise Class 11:15-Fun Singers 1-Bridge	5 Adult Day Care 8:00am-4:00pm 10-Low Impact Aerobics 11 BI Pressure Ctr 11:05Slim N Trim Exercises 1-Scrabble 5:45-Pool	6
7 Pool- 5:45pm	8 Adult Day Care 8:00am-4:00pm 10-Low Impact Aerobics 11-BI Pressure 11:05– Slim N Trim Exercises 12:45 - Grocery Bingo	9 Adult Day Care 8:00am-4:00pm 10-BI Pressure Irwin Towers 11-Strong Bones Exercise Class 12-Caregivers Support Group 1 -Scrabble	10 Adult Day Care 8:00am-4:00pm 9-Paint Guild 10-Low Impact Aerobics 11-BI Pressure 11:05 Slim N Trim Exercises 1-Pinochle 5:45-Pool 7-Jam Session	11 Adult Day Care 8:00am-4:00pm 10-Bible Study 11-Strong Bones Exercise Class 11:15-Fun Singers 1-Bridge	12 Adult Day Care 8:00am-4:00pm 10-Low Impact Aerobics 11 BI Pressure Ctr 11:05-Slim N Trim Exercises 1-Scrabble 5:45-Pool	13
14 Pool- 5:45pm	15 Center Closed For State Fair	16 Adult Day Care 8:00am-4:00pm 11-1 Indian Taco Fundraiser 11-Strong Bones Exercise Class 1 -Scrabble	17 Adult Day Care 8:00am-4:00pm 9-Paint Guild 10-Low Impact Aerobics 11-1 Indian Taco Fundraiser 11:05 Slim N Trim Exercises 1-Pinochle 5:45-Pool	18 CASPER TRIP Adult Day Care 8:00am-4:00pm 10-Bible Study 11-1 Indian Taco Fundraiser 11-Strong Bones Exercise Class 1-Bridge	19 Adult Day Care 8:00am-4:00pm 10-Low Impact Aerobics 11-1 Indian Taco Fundraiser 11 BI Pressure Ctr 11:05-Slim N Trim Exercises 1-Scrabble 5:45-Pool	20 11-1 Indian Taco Fundraiser
21 Pool- 5:45pm	22 Center Closed For State Fair	23 Adult Day Care 8:00am-4:00pm 10-BI Pressure Irwin Towers 11-Strong Bones Exercise Class 12-Caregivers Support Group 1-Scrabble	24 Adult Day Care 8:00am-4:00pm 9-Paint Guild 10-Low Impact Aerobics 11-BI Pressure 11:05Slim N Trim Exercises 1-Pinochle 5:45-Pool 7-Jam Session	25 Adult Day Care 8:00am-4:00pm 9-Wellness Breakfast 9-1 Commodities 10-Bible Study 11-Strong Bones Exercise Class 11:15-Fun Singers 1-Bridge	26 Adult Day Care 8:00am-4:00pm 10-Low Impact Aerobics 11 BI Pressure Ctr 11:05-Slim N Trim Exercises 11:30 Dance Performance 1-Scrabble 5:30-Movie Night 5:45-Pool	27
28 Pool- 5:45pm	29 Adult Day Care 8:00am-4:00pm 10-Low Impact Aerobics 11-BI Pressure 11:05-Slim N Trim Exercises 12:45 - Grocery Bingo	30 Adult Day Care 8:00am-4:00pm 10-BI Pressure Irwin Towers 11-Strong Bones Exercise Class 1-Scrabble	31 Adult Day Care 8:00am-4:00pm 9-Paint Guild 10-Low Impact Aerobics 11-BI Pressure 11:05Slim N Trim Exercises 1-Pinochle 5:45-Pool 7-Jam Session			Douglas Senior Citizen's Center 340 1st Street West P.O. Box 192 358-4348