

Monday	Tuesday	Wednesday	Thursday	Friday
1 Lasagna Italian Vegetables Tossed Salad Melon Cup Garlic Bread	2 BBQ Chicken Oven Brownd Potatoes Mixed Vegetables Tossed Salad Fruit & Marshmallow Cup Roll	3 Meatloaf Mashed Potatoes Carrots Tossed Salad Fruited Jell-O Roll	4 Roast Pork Scalloped Potatoes Green Beans Tossed Salad Fruit Cup Roll	5 Swedish Meatballs over Noodles Broccoli Bean Salad Apricot Crisp
8 Oven Fried Chicken Mashed Potatoes and Gravy Mixed Vegetables Peaches Roll	9 Spaghetti with Meat Sauce Green Beans Tossed Salad Fluffy Fruit Cup Garlic Bread	10 Salisbury Steak Parsley Potatoes Cabbage Au gratin Tossed Salad Pears Roll	11 Roast Beef Mashed Potatoes & Gravy Baby Carrots Tossed Salad Applesauce	12 Baked Fish Rice Pilaf Broccoli & Cauliflower Coleslaw Fruited Jell-O
15 Closed For State Fair	16 No Regular Senior Lunch Served "Indian Taco & Burrito Fundraiser" 11 a.m. - 7 p.m.	17 No Regular Senior Lunch Served "Indian Taco & Burrito Fundraiser" 11 a.m. - 7 p.m.	18 No Regular Senior Lunch Served "Indian Taco & Burrito Fundraiser" 11 a.m. - 7 p.m.	19 No Regular Senior Lunch Served "Indian Taco & Burrito Fundraiser" 11 a.m. - 7 p.m.
22 Closed For State Fair	23 Chili Tossed Salad Cinnamon Roll Mixed Fruit	24 Herb Baked Chicken Scalloped Potatoes Peas Tossed Salad Apricots Roll	25 Swiss Steak with Tomato Gravy Mashed Potatoes Green Beans Tossed Salad Peach Crisp Roll	26 BBQ Ribs Baked Potato Peas Coleslaw Strawberry Shortcake
29 Chicken Salad Tomato Wedges Macaroni Salad Tossed Salad Mandarin Oranges	30 Hamburger on a Bun Potato Salad Baked Beans Tossed Salad Watermelon	31 *Birthday Lunch* Baked Ham Scalloped Potatoes Lima Beans Tossed Salad Roll		Registered Dietician Approved Low Fat, Low Salt

☞ Meal Menu Subject to Change Due to Availability ☞

Call for Reservations 358-4348

Congregate Meals Suggested Donation: 60+ \$3.00 Charge for Guests Under 60-\$6.50 Under 6-\$2.50

Meals Served at 12:00 p.m. Monday thru Friday

Home Delivered Meal Suggested Donation-\$3.25 Frozen Dinner Suggested Donation-\$1.50

To Order or Cancel Meals on Wheels Please Call 358-3112.