

Monday	Tuesday	Wednesday	Thursday	Friday
Registered Dietician Approved  Low Fat, Low Salt		<b>1</b> Chicken Fried Steak Mashed Potatoes & Country Gravy Green Beans Tossed Salad Roll Apple Crisp	<b>2</b> Meatloaf Mashed Potatoes & Gravy Peas & Carrots Spinach Salad Roll Mixed Fruit	<b>3</b> Baked Fish Oven Browned Potatoes Mixed Vegetables Potato Soup Roll Jell-O Cake
<b>6</b> Salisbury Steak Scalloped Potatoes Lima Beans Salad Roll Peaches	<b>7</b> Spaghetti With Meat Sauce Italian Blend Veggies Garlic Bread Salad Strawberries & Ice Cream	<b>8</b> Turkey Mashed Potatoes & Gravy Mixed Vegetables Salad Cranberry Salad Pumpkin Bread Mixed Fruit	<b>9</b> Herb Baked Chicken Rice Pilaf Green Beans Vegetable Soup Mandarin Oranges	<b>10</b> BBR Ribs Parsley Potatoes Broccoli Carrot Salad Roll Apricots
<b>13</b> Beef Stroganoff over Noodles Mixed Vegetables Applesauce Roll Pear Crisp	<b>14</b> “Christmas Dinner” Prime Rib Baked Potato Mixed Vegetables Salad Apple Pie	<b>15</b> Oven Fried Chicken Scalloped Potatoes Peas Salad Roll Mixed Fruit	<b>16</b> Beef Stew Biscuit Salad Apricots Brownie	<b>17</b> Baked Pork Chop Mashed Potatoes & Country Gravy Carrots Broccoli Cauliflower Soup Roll Fluffy Fruit Cup
<b>20</b> Veal Parmesan w/ Side of Spaghetti Green Beans Garlic Bread Salad Mandarin Oranges	<b>21</b> Chili Crackers Cinnamon Roll Salad Mixed Fruit	<b>22</b> Baked Ham Sweet Potatoes Mixed Vegetables Tomato Soup Roll Fruited Jell-O	<b>23</b> Swiss Steak Mashed Potatoes Broccoli Salad Roll Peaches	<b>24</b> Christmas Eve  Center Closed
<b>27</b> Center Closed	<b>28</b> Stuffed Green Pepper Mashed Potatoes Corn Mulligatawny Soup Roll Fruit & Marshmallow Cup	<b>29</b> <b>**BIRTHDAY**</b> Roast Beef Mashed Potatoes & Gravy Green Beans Coleslaw Roll Peaches	<b>30</b> BBQ Chicken Parsley Potatoes Peas Salad Roll Fruited Jell-O	<b>31</b> “New Years Eve Dinner” Roast Pork Mashed Potatoes Sauerkraut Green Beans Salad Roll Apple Pie

❧ Meal Menu Subject to Change Due to Availability ❧

**Call for Reservations 358-4348**

Congregate Meals Suggested Donation: 60+ \$3.00 Charge for Guests Under 60-\$6.50 Under 6-\$2.50

Meals Served at 12:00 p.m. Monday thru Friday

Home Delivered Meal Suggested Donation-\$3.25 Frozen Dinner Suggested Donation-\$1.50

To Order or Cancel Meals on Wheels Please Call 358-3112.