

Monday	Tuesday	Wednesday	Thursday	Friday
1 Meatloaf Mashed Potatoes & Gravy Carrots Salad Roll Fruited Jell-O	2 Roast Pork Mashed Potatoes & Country Gravy Green Beans Salad Roll Apple Crisp	3 BBQ Chicken Cabbage AuGratin Oven Browned Potatoes Pea Salad Roll Peaches	4 Spaghetti & Meat Sauce Italian Blend Veggies Garlic Bread Salad Fruit & Marshmallow Cup	5 Baked Fish Rice Pilaf Broccoli & Cauliflower Vegetable Soup Roll Mixed Fruit
8 Baked Pork Chop Mashed Potatoes & Country Gravy Mixed Vegetables Salad Cherry Crisp	9 Chili Crackers Cinnamon Roll Salad Mixed Fruit	10 Baked Ham Sweet Potatoes Green Beans Split Pea Soup Roll Mandarin Oranges	11 Baked Chicken Mashed Potatoes & Chicken Gravy Mixed Vegetables Salad Roll Pears	12 Bratwurst Mashed Potatoes Sauerkraut Salad Roll Peaches
15 Ham and Beans Cornbread Salad Peaches Peanut Butter Cookie	16 Swedish Meatballs over Noodles Mixed Vegetables Carrot Salad Roll Fruited Jell-O	17 Liver & Onions or Hamburger Parsley Potatoes Mixed Vegetables Roll Salad Strawberry Shortcake	18 Lasagna Garlic Bread Italian Blend Vegetables Broccoli-Cheese Soup Roll Fluffy Fruit Cup	19 "Thanksgiving Dinner" Turkey & Gravy Dressing Green Beans Cranberry Salad Tossed Salad Pumpkin Pie
22 Pepper Steak Mashed Potatoes & Gravy Carrot Coins Tortilla Soup Blueberry Muffin Applesauce	23 Roast Beef Mashed Potatoes & Gravy Green Beans Coleslaw Fruited Jell-O	24 <b>**BIRTHDAY**</b> Oven Fried Chicken Mashed Potatoes & Chicken Gravy Mixed Vegetables Salad Roll Peaches	25 Happy Thanksgiving  Center Closed	26 Center Closed
29 Beef Stew Biscuit Salad Roll Pear Crisp	30 BBQ Ribs Macaroni & Cheese Broccoli Salad Roll Mixed Fruit			Registered Dietician Approved  Low Fat, Low Salt

❧ Meal Menu Subject to Change Due to Availability ❧

**Call for Reservations 358-4348**

Congregate Meals Suggested Donation: 60+ \$3.00 Charge for Guests Under 60-\$6.50 Under 6-\$2.50

Meals Served at 12:00 p.m. Monday thru Friday

Home Delivered Meal Suggested Donation-\$3.25 Frozen Dinner Suggested Donation-1.50

To Order or Cancel Meals on Wheels Please Call 358-3112.